



Governor: Gabriel Soto, M.D., F.A.C.C.

Governor-Elect: Toniya Singh, M.D., F.A.C.C.

CV Team Liaison: Anastasia Armbruster, Pharm.D., F.A.C.C., BCPS, BCCP

Chapter Executive: Beth Quick-Andrews, CAE

## 2025 State of the States Report

### TOP ACCOMPLISHMENT

Increasing member engagement through our Section Development.

- First Citywide Imaging Dinner in St. Louis attracting more than 80 Cardiologists and CV Team Members.
- WIC gathering in Springfield, MO with a robust discussion on Navigating Heart Failure with more than 25 attendees.
- Sustained a monthly chapter newsletter promoting clinical and member focused content.

**Increase Relevance as the CV Professional Home (in particular, highlight any activity/ies that advance diversity and inclusivity, health equity, and/or member wellness)**

- a. Accomplishments
  - i. Chapter Support of FITs
    - Chapter meeting - Free registration, accommodation and travel stipends were offered to all FITs to attend the Chapter meeting.
  - ii. Chapter Support of Women in Cardiology Section
    - Supported a new networking event in Springfield, MO, a typically less engaged part of the state.
  - iii. Chapter Support of Early Career Professionals (see above)
  - iv. Chapter Support of CV Team Members
    - Engaged more CV Team Members as speakers and discussants at our chapter scientific session.
  - v. Solicited Letters of Intent for our Missouri ACC Foundation Research Grants. The Foundation Awards five \$10,000 grants to early career professionals engaged in cardiovascular research endeavors. Full applications were requested from five candidates. Final grant awards will be made in Q1 2026.
- b. Opportunities
  - i. Continuing to support our Fellows In Training in their participation at the national level.
  - ii. Continued expansion of our support of the Women in Cardiology section.
  - iii. Expanded support for the CV Team.
  - iv. Ongoing support for mentorship opportunities for high school students from disadvantages and underrepresented backgrounds to encourage pursuit of careers in cardiovascular care.

- **Generate and Deliver Actionable Knowledge**

- a. Accomplishments
  - i. We produced our Annual Chapter Scientific Session in October 2025. We focused on providing an extraordinary educational experience with a variety of speakers, topics and learning modalities including plenary and breakout sessions. Over 150 registrants had the opportunity to learn from skilled clinicians on an array of cardiovascular health and disease topics, including state of the art updates. Attendees were able to interact with past ACC Past President, Cathie Biga, MSN, MACC who provided a robust discussion on Health Care Policy: Top Ten Trends Impacting Practice. Dr. Benjamin Levine, MD, FACC served as our keynote speaker on Sports Cardiology. It was a terrific day of learning and networking. The meeting featured our FIT Research Showcase with more than 20 poster presentations and a FIT Jeopardy competition at lunchtime.
  - ii. Collaborated with the Illinois, Kansas and Oklahoma Chapters by participating in a quarterly Virtual Structural Heart Series at which complex cases were presented by representatives from sessions are offered for CME Credit to participants.
  - iii. Launched our inaugural Imaging Dinner in St. Louis with more than 80 cardiologists and CV Team members in attendance. This event will be repeated at least twice annually.
  - iv. In 2016, we formed a taskforce to explore co-providership opportunities in Missouri. The goals for this program include promoting educational opportunities to our members and to expand the brand of the

Chapter by meeting members where they are and serve as an important complement, rather than expecting them to attend the Annual Chapter Scientific Session. In 2025, we were pleased to fund two CME programs held at member institutions.

- Washington University School of Medicine

b. Opportunities

- i. Expanding our Education Support Program.
- ii. Increasing participation at the Chapter Scientific Session.
- iii. Expanding regional education across the state building on the success of our Women in Cardiology meeting held in Springfield. MO

• **Advance Quality, Equity, and Value of CV Care**

a. Accomplishments

- i. Our Missouri ACC Advocacy Committee continued to explore advocacy collaborations with the Missouri State Medical Association, Missouri American Heart Association and the Missouri Budget Project
- ii. ACC Legislative Conference – Six Chapter members participated in the October 2025 ACC Legislative Conference.
- iii. ACC PAC Support – Continued to promote support of the ACC PAC in 2025

b. Opportunities

- i. Expand our advocacy efforts nationally and statewide by collaborating in the MSMA White Coat Day in the State Capitol in March 2026

• **Ensure Organizational Growth and Sustainability**

a. Accomplishments

- i. Our Communications Committee with volunteer leaders tasked with content curation in clinical areas and advocacy efforts.
- ii. Produced a monthly newsletter with focused content delivered in a digest format for easy consumption.
- iii. Continued to transform the Chapter website.

b. Opportunities

- i. Continuing to grow the Chapter's digital footprint.

• **Other**

a. Accomplishments

- i. Toniya Singh, M.D., F.A.C.C., Governor, Chaired the Cardiovascular Management Section Leadership Council
- ii. Gabriel Soto, M.D., Ph.D., F.A.C.C., Immediate Past Governor, has served on the following BOG Workgroups: 1) Non-Competes/Restrictive Covenants, 2) Member Engagement, 3) State Advocacy, and 4) DTC/BOG ListServ

b. Opportunities

- i. Reaching out to solicit new funding for our Early Career Investigator Research Grant Program. We consistently have more worthy projects than we are able to fund. Expanding resources will position us to expand these very important ACC mission-driven programs...to transform cardiovascular care and improve heart health.